

## St. Vincent and the Grenadines

May 21-25, 2018

<b>10:15 am to 11:00 am</b>	Answering the 'HOW' of THE SELF and its impact on the Process of Mediation
<b>11:00 am to 11:45 pm</b>	Emotional Intelligence
<b>11:45 am to 12:00 pm</b>	Designing your role play (exercise)
<b>12:00 pm to 01:00 pm</b>	----LUNCH----
<b>01:00 pm to 01:30 pm</b>	Alternative Dispute Resolution (ADR) & Mediation
<b>01.30 pm to 02.15 pm</b>	What is Conflict?/Sources of Conflict (Christopher Moore)
<b>02:15 pm to 02:45 pm</b>	What does Conflict Mean to us?
<b>02:45 pm to 03:15 pm</b>	Interest Based Approach to Conflict Resolution
<b>03:15 pm to 04:00 pm</b>	Exercise in Conflict Management and simulation
<b>04:00 pm to 05:00 pm</b>	Role Play

## DAY 2

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<b>08:30 am to 09:00 am</b>	Review and Discussion (previous day)
<b>09:00 am to 9:45 am</b>	What is Mediation?
<b>09:45 am to 10:30 am</b>   Transformative Mediation	Facilitative Mediation (Christopher Moore)   Evaluative Mediation
<b>10:30 am to 10:45 am</b>	---BREAK---
<b>10:45 am to 11:15 am</b>	Conflict Resolution Processes and Skills (Fisher and Ury's book "Getting to Yes")
<b>11:15 am to 11:45 am</b>	Four Central Processes in Conflict Resolution
<b>11:45 am to 12:00 pm</b>	Conflict Triggers   Examination of Own Conflict Styles
<b>12:00 pm to 01:00 pm</b>	---LUNCH---
<b>01:00 pm to 02:00 pm</b>	Mediation Opening Statement
<b>02:00 pm to 02:45 pm</b>	Discussions and Role Play
<b>02:45 pm to 03:00 pm</b>	Who is the Mediator
<b>3:00 pm to 03:45 pm</b>	Principled Negotiation
<b>3:45pm to 4.00 pm</b>	Exercise 5
<b>04:00 pm to 05:00 pm</b>	Role Play

## DAY 3

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<b>08:30 am to 09:00 am</b>	Review and Discussion
<b>09:00 am to 9:45 am</b>	Skills of the Mediator
<b>09:45 am to 10:30 am</b> Conflict)	Central Processes and Sources of Conflict   (A review of Moore's Circle of
<b>10:30 am to 10:45 am</b>	---BREAK---
<b>10:45 am to 11:30 am</b>	The Language of Mediation
<b>11:30 am to 12:00 pm</b>	Mediation – Process/Goals/Values (Isenhart and Spangle)
<b>12:00 pm to 01:00 pm</b>	---LUNCH---
<b>01:00 pm to 02:00 pm</b>	The Intake Process and Story Telling Phase
<b>02:00 pm to 02:45 pm</b>	Discussions and Role Play
<b>02:45 pm to 03:00 pm</b>	Structural Power and Personal Power
<b>3:00 pm to 04:00 pm</b>	Culture Differences Conflict and Resolution
<b>04:00 pm to 05:00 pm</b>	Role Play

## DAY 4

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<b>08:30 am to 09:00 am</b>	Review and Discussion
<b>09:00 am to 9:45 am</b>	Tools and Steps for Management in Mediation
<b>09:45 am to 10:30 am</b>	Pre Mediation Interview and First Joint Meeting
<b>10:30 am to 10:45 am</b>	----BREAK----
<b>10:45 am to 11:30 am</b>	The Process
<b>11:30 am to 12:00 pm</b>	Establishing Ground Rules
<b>12:00 pm to 01:00 pm</b>	----LUNCH----
<b>01:00 pm to 01:15 pm</b>	Memorandum of Understanding
<b>01:15 pm to 02:00 pm</b>	Ethical Issues in Mediation
<b>02:00 pm to 02:45 pm</b>	Code of Ethics
<b>02:45 pm to 03:15 pm</b>	Communication Barriers
<b>03:15 pm to 05:00 pm</b>	Role Play and Simulation exercises

## DAY 5

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08:30 am to 09:00 am	Review and Discussion
09:00 am to 9:45 am	Simulation Exercise
09:45 am to 10:30 am	Contractual Agreements
10:30 am to 10:45 am	---BREAK---
10:45 am to 11:30 am	Working with Impasse
11:30 am to 12:00 pm	Effectively framing Impasses
12:00 pm to 01:00 pm	---LUNCH---
01:00 pm to 02:00 pm	Review of The Mediation Act
02:00 pm to 02:45 pm	Discussions and Practice
02:45 pm to 03:00 pm	Questions for Addressing Impasse
03:00 pm to 04:00 pm	Simulation Exercises
04:00 pm to 05:00 pm	Open Feed-back